

Summertime haircare:

Moisture + Humectant

Salon Ingredient Cheat Sheet



Moisturizing ingredients:

- Panthenol (Pro-vitamin B5)
- Shea butter
- Cocoa butter
- Coconut oil
- Hydrolyzed quinoa
- Jojoba oil
- Caster oil

Humectants to attract moisture:

- Glycerin
- Aloe vera
- Hyaluronic acid
- Agave

Sunscreen ingredients:

- UV protection in haircare products usually contain ingredients like avobenzene, octinoxate, zinc oxide, and benzophenone-4.
- Natural ingredients include shea butter, coconut oil, aloe vera and raspberry seed oil, and degrees of protection will vary.